



Personal Fitness Coaching Terms and Conditions

1. This coaching program is one year long, and it begins on the date of purchase.
2. The \$995 fee must be paid in advance.
3. **The \$995 fee is non-refundable.**
4. The client is responsible to truthfully disclose all medical conditions and limitations to Galileo Health Partners. This includes, but is not limited to, personal health history, nutrition and physical activity habits, family history, prescription and over the counter medication use, and supplement use. If the client fails to make these disclosures, he or she agrees to hold Galileo Health Partners and any Galileo Health Partners coach harmless from any claim that ostensibly arises from the personal fitness coaching advice dispensed to the client.
5. The client must complete an online health screening survey and, if necessary, get medical clearance from his or her physician before beginning physical activity or modifying a physical activity program.
6. The client and his or her Galileo coach will set up their monthly teleconference at a mutually acceptable time each month.
7. Each client will have a secure personal fitness page on the Galileo Health Partners website, where he or she can exchange communications with a coach, log nutrition information and physical activity, and document goals. The client is responsible to enter information regularly for review by his or her Galileo coach. Galileo coaches are not responsible to review client data in any other venue or source.
8. The client's Galileo coach will log-on and review the client's data at least once weekly and provide guidance, support, and feedback, as necessary.
9. All contact, personal, and health information that you share with Galileo Health Partners is confidential. Galileo Health Partners will not disclose, share, or sell your information to any third party in a manner that would permit your identification.